



Harbour Pointe

ORAL, MAXILLOFACIAL  
& ADVANCED IMPLANT SURGERY

DR. BRIAN HART • DR. KATHLEEN ISDITH

### Non-Narcotic Post Op Pain Regimen

- Start by taking 400-600mg of Advil/Motrin or Ibuprofen WITH a 325mg or 500mg Acetaminophen (Tylenol) tablet. You will continue both Ibuprofen and Acetaminophen for best non-narcotic pain control.
- 400-600mg Ibuprofen every 4-6 hours & 325mg-500mg Acetaminophen every 6 hours.
- Some prescription narcotics already contain Acetaminophen. If you take the prescription narcotic (w/Acetaminophen), **DO NOT TAKE ADDITIONAL ACETAMINOPHEN** with it.
- The Ibuprofen or Advil/Motrin is safe to take with the narcotic
- **Max dose Ibuprofen/Advil/Motrin is 3200mg per day. Max dose Acetaminophen is 3000mg per day.**
- Please note the above is only a recommendation. Individuals may need to adjust doses based on age, weight and previous history.

Please call the office at **425-353-1009** if you have any questions or concerns.

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